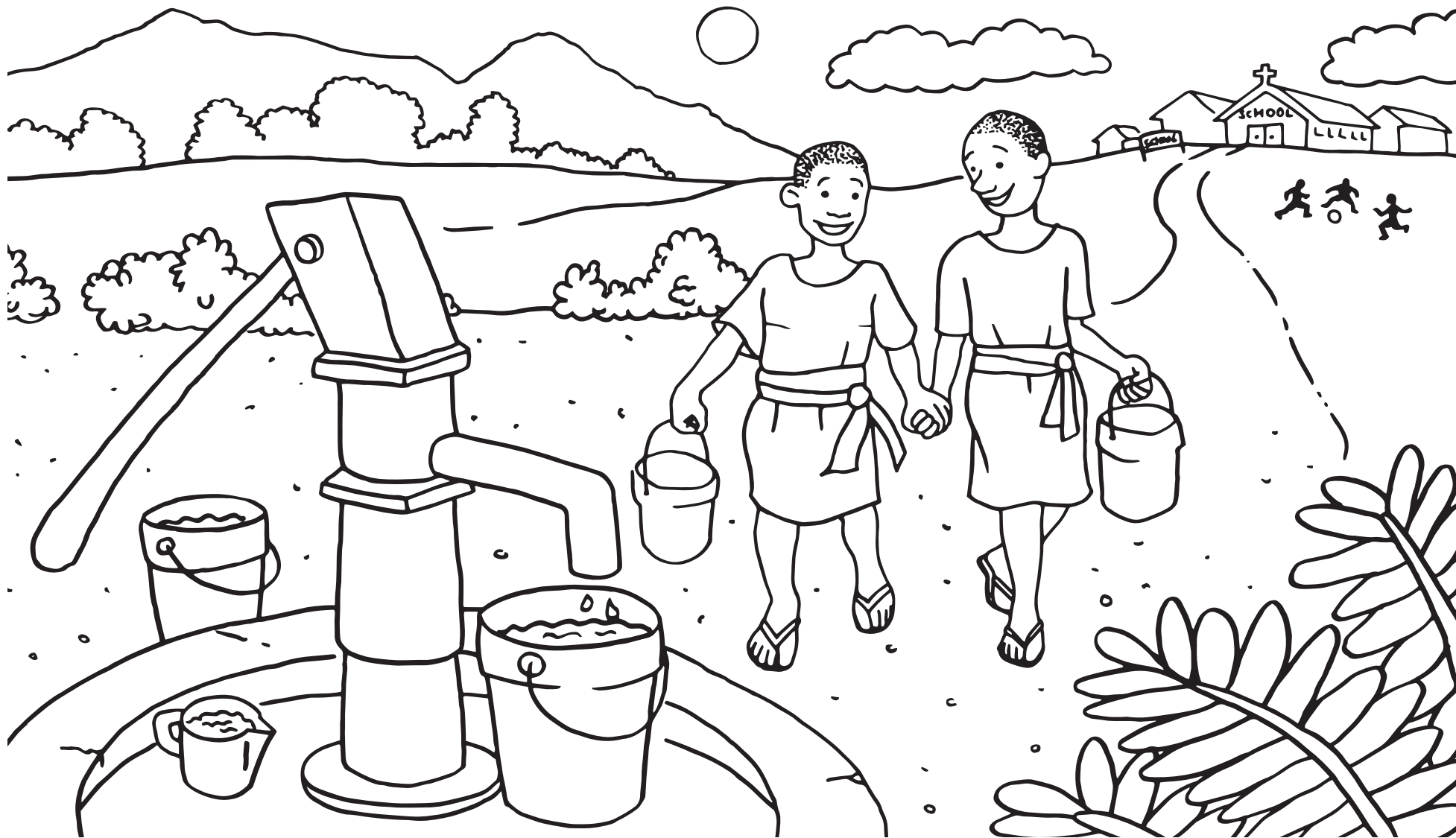


First Sunday of Lent
Gospel: Mark 1:12-15



Find Lent Fast day activities and resources for children at [cafod.org.uk/families](https://www.cafod.org.uk/families)